



DAY 3 Experiential Learning

Post-Secondary Education

INTRODUCTION

Wednesday is devoted to providing opportunities for students of all ages to explore and discuss a variety of occupations and workplaces. The goal is to help students gain a virtual or in-person experience of a workplace. Experiential learning opportunities assist students in exploring different career opportunities in a very practical way.

Students in colleges, universities, or professional training programs should consider making an appointment with a career development professional at your institution or exploring your provincial government's career information services on line.

REFLECTION

Encourage students to reflect upon their own preferences regarding the nature of the occupations that interest them most and the kinds of work environments in which they might feel comfortable. Regardless of the activity, the goal is to ask questions to help students realize whether they have the skills needed for this occupation, consider whether or not they could see themselves in that role, and explain why.